

*I don't
know **who**
to turn to*

*If **gambling**
is a problem
we are here
to help*

Worried your
gambling is getting
out of control?

Spending **time and**
money you can't
afford?

Is gambling **ruining**
your life but you can't
see how to stop?



Te Ope Whakaora

Oasis

Reducing Gambling Harm

Free and confidential support
for you and your whānau

visit salvationarmy.org.nz/oasis

call **0800 53 00 00**