

Love God



Read the day's scriptures from the Lectionary.

Write down words about God and thank God.
Sing a worship song.







Love Others



Listen to Holy Spirit speak names for prayer.

Write down words about them and thank God.

Reach out to them.



Love Others





Love Yourself



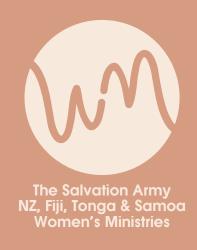
Re-read one of the Lectionary scriptures.

Write down what Jesus is saying to you in them.

Forgive, go in peace.



Love Yourself













Try it with us.



Need prayer? Want to share?

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