

# THE TRANSITION EXPERIENCE

**Coping with change in COVID-19**




'God changes times and seasons; God deposes kings and raises up others. God gives wisdom to the wise and knowledge to the discerning.' - Daniel 2:21



The Salvation Army  
NZ, FIJI, Tonga & Samoa  
Women's Ministries



# INVOLVEMENT

 <b>Committed</b>	<ul style="list-style-type: none"> <li>Responsive</li> </ul>
 <b>Belonging</b>	<ul style="list-style-type: none"> <li>Part of group</li> <li>Position</li> <li>Reputation</li> <li>Knowing</li> </ul>
 <b>Confident</b>	<ul style="list-style-type: none"> <li>Confirmed</li> <li>Secured</li> </ul>

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# LEAVING

 <b>Distancing</b>	<ul style="list-style-type: none"> <li>Loosen ties</li> <li>Disengage</li> <li>Relinquish roles</li> </ul>
 <b>Celebration</b>	<ul style="list-style-type: none"> <li>Attention</li> <li>Recognition</li> <li>Farewells</li> <li>Closures</li> </ul>
 <b>Denial</b>	<ul style="list-style-type: none"> <li>Anticipation</li> <li>Resentment</li> <li>Sadness</li> <li>Guilt</li> <li>Rejection</li> </ul>

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# TRANSITION

 <b>Chaos</b>	<ul style="list-style-type: none"> <li>Initiate relationship</li> <li>Isolation</li> <li>Self-centred</li> <li>Exaggerated problems</li> </ul>
 <b>Statusless</b>	<ul style="list-style-type: none"> <li>Unknown</li> <li>Lack of structure</li> <li>Special knowledge</li> <li>Without use</li> </ul>
 <b>Anxiety</b>	<ul style="list-style-type: none"> <li>Grief from loss</li> <li>Dreams</li> <li>Emotional instability</li> <li>Disappointment</li> <li>Panic</li> </ul>

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# ENTERING

 <b>Superficial</b>	<ul style="list-style-type: none"> <li>Observer</li> <li>Uncertain of trust</li> <li>Risk-taking</li> <li>Exaggerated behaviour</li> </ul>
 <b>Introducing</b>	<ul style="list-style-type: none"> <li>Marginal</li> <li>Uncertain</li> <li>Search for mentor</li> <li>Errors in response</li> </ul>
 <b>Vulnerable</b>	<ul style="list-style-type: none"> <li>Fearful</li> <li>Ambivalent</li> <li>Easily offended</li> <li>Depressed</li> </ul>

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# REINVOLVEMENT

 <b>Committed</b>	<ul style="list-style-type: none"> <li>Belonging</li> <li>Involved</li> <li>Concern for others</li> </ul>
 <b>Belonging</b>	<ul style="list-style-type: none"> <li>Known</li> <li>Knowing</li> <li>Position</li> </ul>
 <b>Confident</b>	<ul style="list-style-type: none"> <li>Secure</li> <li>Affirmed</li> </ul>

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