



Portlander's Ribollita Soup

Ingredients

500g carrots, peeled, diced
500g celery, washed, diced
500g leeks, washed, diced
500g onions, peeled, diced
70g garlic cloves, peeled, diced
2 tins of white beans, rinsed thoroughly
2 sticks rosemary
3 tins of chopped tomatoes
400g sourdough bread, stale, torn
250g butter
100ml pomace olive oil
½ bunch kale, washed, thin sliced
100ml lemon juice
Sea salt to taste
40ml tabasco sauce
200ml Extra Virgin olive oil

Method

In a large pot, add the butter and pomace oil and place on a medium heat. Add onions, carrots, leeks, garlic and celery and sauté until tender.

Add tomatoes and rosemary and bring to a simmer, stirring occasionally. Allow to cook for 10 minutes.

Turn temperature down to low and add torn bread and cook for a further 20 minutes.

Add beans and kale and cook for a further 20 minutes, stirring occasionally.

Season with lemon juice, tabasco and sea salt. Cook for a further 5 minutes. Whilst stirring, add in Extra Virgin olive oil and continue mixing until combined.

Remove from heat and allow to cool to room temperature before serving.

For further use, pack away and chill.



Winter is coming. Kiwis need your help **now**

Winter is on its way, and with it comes the freezing cold, bitter winds and drenching rain.

Most of us can find shelter in a comfy home, warming away the cold in front of a heater or curled up in a cosy bed at night.

But for thousands of Kiwis who do not have access to the everyday basics of food, warmth and shelter, winter is a time of stress and misery as they struggle to survive.

The unanticipated costs of seasonal illnesses, cold homes, inadequate bedding and clothing and housing issues often leads to spiralling debt, stress and poor living conditions for individuals and families.

The Salvation Army needs your support now to make sure these people are safe and healthy during these cold months, by providing the type of care that will help people survive this winter, and to give them the tools they need to be prepared for the winters ahead.

Please, donate now to help give someone shelter from the storm.

Please donate today

Call 0800 53 00 00

Or give at salvationarmy.org.nz



Te Ope Whakaora

SHELTER FROM THE
STORM

2017 WINTER APPEAL