

#PerSisterWM

**MY SOUL
MAGNIFIES THE LORD,
AND MY SPIRIT REJOICES
IN GOD MY SAVIOUR,
FOR GOD HAS
LOOKED WITH FAVOUR
ON THE LOWLINESS OF THE
ALMIGHTY'S SERVANT.**

**SURELY, FROM NOW ON ALL
GENERATIONS WILL
CALL ME BLESSED;**

**FOR THE MIGHTY ONE
HAS DONE GREAT
THINGS FOR ME, AND
HOLY IS GOD'S NAME.**

- MARY, LUKE 1

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**I AM NO
BIRD
AND NO NET
ENSNARES
ME.
I AM A FREE
HUMAN BEING
WITH AN
INDEPENDENT
WILL.**

- CHARLOTTE BRONTË

#PerSisterWM

**PLEASE
HEAR ME, GIRL:
THE WORLD HAS
ENOUGH WOMEN WHO
KNOW HOW TO DO
THEIR HAIR.**

**IT NEEDS WOMEN WHO
KNOW HOW TO DO**

**HARD
AND
HOLY
THINGS.**

- ANN VOSKAMP

#PerSisterWM

**NEVER BEND
YOUR HEAD.
ALWAYS
HOLD IT
HIGH.**

**LOOK
THE WORLD
STRAIGHT
IN THE EYE.**

- HELEN KELLER

#PerSisterWM

**LOVE ME
THE MOST
WHEN I
DESERVE IT
THE LEAST,**

**AS THAT'S
WHEN I
NEED IT
THE MOST.**

**- MARIA,
SILKE'S GREAT-GRANDMOTHER**

- ROSY KEANE

**KEEP LIFTING
KEEP PRAYING
KEEP FIGHTING
KEEP SLAYING**

**THOSE DRAGONS THAT GUARD
THE PRISONS TO PRINCESSES
SISTERS LONG SINCE STRIPPED OF THE
HERITAGE THAT IS THEIRS TO POSSESS
IF ONLY THEY KNEW**

**THEIRS WERE NOT KNEES FOR SLAVING,
THEIR SLEEVES WERE NOT MEANT TO
BE DIPPED IN SPILT GRAY
AND MESS AND SOOT
AND DUST FROM CLEANING
BUT IN TRIUMPH, AND BATTLE,
AND A WORLD LEFT SCREAMING
FOR THEIR SAVIOUR**

**'COME QUICKLY!'
'COME QUICKLY!'
'COME QUICKLY!'**

#PerSisterWM

IF YOU ARE
ALWAYS
TRYING
TO BE
NORMAL

YOU WILL
NEVER
KNOW
HOW
AMAZING
YOU CAN BE.

- MAYA ANGELOU

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**- HELEN REDDY,
I AM WOMAN**

**OH YES, I AM WISE
BUT IT'S WISDOM
BORN OF PAIN
YES, I'VE
PAID THE PRICE
BUT LOOK
HOW MUCH I GAINED.**

**IF I HAVE TO
I CAN DO
ANYTHING.**

**I AM STRONG,
I AM INVINCIBLE,
I AM WOMAN.**

#PerSisterWM

- SHIRLEY PAVEY

**HIS RESPONSIBILITY:
TO SPARK THE FLAME,**

**OURS:
TO BE WILLING
TO BE LIT.**

**HIS RESPONSIBILITY:
TO EMPOWER THE LIGHT,**

**OURS:
TO SHINE WHERE
THE DARKNESS IS DEEPEST.**

**HIS RESPONSIBILITY:
TO PROVIDE THE FUEL
FOR BURNING,**

**OURS:
TO KEEP IN TOUCH
WITH THE SOURCE.**

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**THE KEY IS FOR YOU
TO DISCOVER
WHAT YOU LOVE TO DO,
WHAT YOU WERE
CREATED TO DO,**

**AND THEN DO IT
FOR THE PEOPLE
AROUND YOU
WITH LOVE.**

**THAT IS THE
ABUNDANT LIFE,
DEAR GIRL, NO MATTER
WHERE IN THE WORLD
YOU LIVE.**

- ROBIN JONES GUNN

- CAPTAIN MISSY DITCHBURN

**I REFLECT ON THE
OLD TESTAMENT PROPHETS:
HOW THEIR MESSAGE
REMAINED FIXED,
BUT THEIR FEET DID NOT.**

**HOW BEAUTIFUL ON THE
MOUNTAINS ARE THE FEET OF
THOSE WHO BRING GOOD NEWS,
BRINGING, AND PROCLAIMING.
FEET, HEALTHIEST
WHEN IN ACTION!
TRAVELLING THROUGH
ROCKY PATHWAYS AND HILLS,
THEY MAY BE BRUISED
OR SCARRED
OR TIRED,**

**BUT WHAT'S THE ALTERNATIVE?
TO PUT OUR
FEET UP?**

#PerSisterWM

- SISTER JOAN CHITTISTER

**T H E
D I S C I P L E
C A R R I E S A
W O R L D V I E W
T H A T
C R I E S
F O R
F U L F I L M E N T
N O W**

#PerSisterWM

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**I REMAIN CONFIDENT
KNOWING I AM DOING
THE BEST I CAN UNTIL I MAKE A MISTAKE,
AND THEN I REMIND MYSELF
I AM HUMAN
AND HAVE BEEN GIFTED FEEDBACK
SO THAT I MAY ALSO
FUEL MY LOVE OF LEARNING.**

- SHARRON BEARDSLEY

#PerSisterWMI

**RATHER, TEN TIMES, DIE
IN THE SURF, HERALDING
THE WAY TO A NEW
WORLD, THAN STAND
IDLY ON THE SHORE.**

- FLORENCE NIGHTINGALE

#PerSisterWMI

**WE WANT MORE OF
THIS DETERMINED
AGGRESSIVE SPIRIT.**

- CATHERINE BOOTH

#PerSisterWM

**LET US PULL
EACH OTHER UP
AS WE RISE!**

- CONNY NKALITSHANA

#PerSisterWMI

**YOU CAN'T WAIT
UNTIL LIFE ISN'T
HARD ANYMORE
TO BE HAPPY.**

- NIGHTBIRDE

#PerSisterWMI

**WHAT I CAN DO, YOU CANNOT.
WHAT YOU CAN DO, I CANNOT.**

**BUT TOGETHER
WE CAN DO SOMETHING
BEAUTIFUL FOR GOD.**

- MOTHER TERESA

**NO WOMAN HAS
EVER SO COMFORTED
THE DISTRESSED,
OR DISTRESSED THE
COMFORTABLE.**

**- CLARE BOOTHE LUCE
SPEAKING OF ELEANOR
ROOSEVELT**

#PerSisterWMI

**WOMEN BELONG IN ALL
PLACES WHERE DECISIONS
ARE BEING MADE. IT
SHOULDN'T BE THAT WOMEN
ARE THE EXCEPTION.**

**- SUPREME COURT JUSTICE
RUTH BADER GINSBURG**

#PerSisterWMI

AND PERHAPS
WHAT MADE HER BEAUTIFUL
WAS NOT HER APPEARANCE OR
WHAT SHE ACHIEVED
BUT IN HER LOVE,
AND IN HER COURAGE
AND IN HER AUDACITY
TO BELIEVE NO MATTER
THE SHADOWS AROUND HER,
LIGHT RAN WILD WITHIN HER
AND THAT WAS THE WAY SHE CAME ALIVE
AND IT SHOWED UP IN EVERYTHING.

#PerSisterWM

- MORGAN HARPER NICHOLS

**WE NEED OUR LEADERS TO BE ABLE
TO EMPATHISE WITH THE CIRCUMSTANCES OF OTHERS;
TO EMPATHISE WITH THE NEXT GENERATION
THAT WE'RE MAKING
DECISIONS ON BEHALF OF.
AND IF WE FOCUS ONLY ON BEING SEEN
TO BE THE STRONGEST,
MOST POWERFUL PERSON IN THE ROOM,
THEN I THINK WE LOSE WHAT
WE'RE MEANT TO BE HERE FOR.
YOU CAN BE BOTH
EMPATHETIC AND STRONG.**

#Per\$isterWM

- PM JACINDA ARDERN

- PROVERBS 31:30, CEV

**A WOMAN WHO
HONORS THE LORD
DESERVES TO BE
PRAISED.**

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- AVA DUVERNAY

**AS AN ARTIST,
YOU MUST IMAGINE,
AND CREATE AND
WORLD BUILD.**

**AS AN ACTIVIST,
YOU MUST DO
THE SAME THING.**

#PerSisterWMM